



2016-2017 Professional Development Series

Register for all sessions at <http://dquacinfo.webs.com/>

Keeping It Fresh-Maintaining Momentum Throughout the Year

Facilitators: DQUAC Leadership Team

Date: September 15, 2016 9:00-11:00 a.m.

Location: Park Church (3025 W 37th Ave, Denver, CO 80211)

Description: Join DQUAC as we kick off the school year with an event that's all about linking resources, setting your staff up for success, and getting a sneak peek at the robust DQUAC Professional Development Series for 2016-2017. This training will include facilitated breakout sessions for site staff, managers and content specific (enrichment) providers. Please bring materials describing your program including brochures and business cards. There will be a table provided for you to leave and take information.

3 Takeaways:

- Connections to others in the field
- Ideas for maintaining momentum through a full year of programming
- Information about PD opportunities for your organization

Recommended for: Content-specific (enrichment) providers, comprehensive site managers, site staff, and anyone in the youth development world looking to be more connected

[\[Register Here Link 9/15\]](#)

CPS 101

Facilitator: Carol Schneider, Denver Public Schools

Dates: September 16, 2016, October 11, 2016, January 20, 2017 and April 21, 2017 9:00-11:00 a.m. all sessions

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: This training is for Community Partners who have a Partnership and Data Sharing Agreement and have a CPS profile. Participants will learn about the Community Partnership System (CPS), marketing programming in CPS, and how to access data in the system.

3 Takeaways:

- The bigger picture of CPS in Denver Public Schools
- Completing your profile for maximum visibility
- How to upload and download data from CPS

Recommended for: Individuals and organizations who are new to CPS data. Organizations must have an up to date Partnership and Data Sharing Agreement to access data in CPS.

[\[Register Here Link 9/16\]](#) [\[Register Here Link 10/11\]](#) [\[Register Here Link 1/20\]](#) [\[Register Here Link 4/21\]](#)



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2016-2017 Professional Development Series

CPS 001

Facilitator: Carol Schneider, Denver Public Schools

Dates: September 29, 2016 (10:00 a.m. -12:00 p.m.), and February 9th, 2017 (9:00-11:00 a.m.)

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: This training is for Community Partners who are new to DPS or who have not heard of the Community Partnership System (CPS). Participants will learn about the Community Partnership System (CPS) and how to best partner with DPS.

3 Takeaways:

- Learn how to best partner with DPS
- Create and complete your CPS profile
- Hands on tutorial on how to edit and add new programs and sites to your profile

Recommended for: Individuals and organizations who are new to CPS data. Organizations must have an up to date Partnership and Data Sharing Agreement to access data in CPS.

[\[Register Here Link 9/29\]](#) [\[Register Here Link 2/9\]](#)

Personalized Learning for Partners

Facilitator: Carol Schneider, Denver Public Schools

Dates: December 12, 2016, 9:30 – 11:30 a.m., and March 3, 2017, 9:00am-11:00 a.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: Join the DPS Department of Extended Learning for a unique workshop that explores the concept of Personalized Learning. DPS believes that effective personalized learning will create life-long learners that graduate prepared for success in college and career.

3 Takeaways:

- How DPS is utilizing Personalized Learning
- Activities to increase your understanding of yourself and your staff members as learners
- Ideas for what makes sense for your programming

Recommended for: Individuals and organizations who are interested in learning more about personalized learning or are new to the concept of personalized learning.

[\[Register Here Link 12/12\]](#) [\[Register Here Link 3/3\]](#)



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2016-2017 Professional Development Series

Relationships-The Cornerstone of Impactful Youth Programs

Facilitator: Amy Brady, StandUP

Date: October 19, 2016 9:00-11:00 a.m.

Location: Boys & Girls Club, JC Owen Board Room (2017 W. 9th Ave Denver, CO 80204)

Description: Participants understand that safety does not just relate to physical safety, but also social and emotional safety. Staff will be empowered with strategies for providing a socially and emotionally safe space for the youth in their programs. In addition, participants will understand the importance of building relationships with youth and how to begin building those relationships. (maximum 30 participants)

3 Takeaways:

- Examining positive & negative behaviors of youth and adults and how youth programs are impacted by both
- Understanding and curtailing bias
- Strategies for inclusivity

Recommended for: Individuals new to youth development or individuals looking for a refresher or new ideas

[\[Register Here Link 10/19\]](#)

CPS 201

Facilitator: Carol Schneider, Denver Public Schools

Date: October 21, 2016, February 24, 2017 and May 19, 2017 9:00-11:00 a.m. all sessions

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: This training is for Community Partners who have a Partnership and Data Sharing Agreement and have a CPS profile. Participants will learn more about the different student level data point available in CPS.

3 Takeaways:

- How DPS measures key data points
- How to interpret and analyze the data in CPS for your organization
- Best practices for uploading and pulling data

Recommended for: Individuals and organizations who attended CPS 101 or that want to learn more about how to understand and analyze CPS.

[\[Register Here Link 10/21\]](#) [\[Register Here Link 2/24\]](#) [\[Register Here Link 5/19\]](#)



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2016-2017 Professional Development Series

Pull Them In, Keep Them In-Strategies for Youth Engagement

Facilitator: Amy Brady, StandUP

Date: November 2, 2016 9:00-11:00 a.m.

Location: Boys & Girls Club, JC Owen Board Room (2017 W. 9th Ave Denver, CO 80204)

Description: Staff learn methods for developing activities where youth are engaged, have the opportunity for self-expression and learn both new knowledge and life skills. (maximum 30 participants)

3 Takeaways:

- Why we want youth to learn in addition to having fun
- Intentional skill building within ANY activity
- Providing choice within all activities

Recommended for: Individuals new to youth development or individuals looking for a refresher or new ideas

[\[Register Here Link 11/2\]](#)

Intro to Rise (formerly Energy Leadership)

Facilitator: Amy Brady, StandUP

Date: November 9, 2016 9:00-11:00 a.m. (maximum 30 participants)

Location: Boys & Girls Club, JC Owen Board Room (2017 W. 9th Ave Denver, CO 80204)

Description: This program is designed to give a basic introduction to the concept of self-awareness as it relates to leadership and youth development. Participants will be introduced to the core energy level language.

3 Takeaways:

- Increased knowledge of core energy language (Levels 1-7)
- Strategies for increasing self-awareness
- Ideas for integrating self-awareness into leadership and your role

Recommended for: New staff from organizations that are already using the core energy language and individuals interested in learning more about the **Leaders on the Rise** or **Organizations on the Rise** programs.

[\[Register Here Link 11/9\]](#)



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2016-2017 Professional Development Series

CPS 301

Facilitator: Carol Schneider, Denver Public Schools

Date: November 11, 2016, March 17, 2017 and June 16, 2017 9:00-11:00 a.m. all sessions

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: This training is for Community Partners who are using data in CPS. Participants will learn about the different ways to use CPS data and other evidence to tell your organizations stories. Participants should come prepared to talk about the outcomes your programs seek to achieve.

3 Takeaways:

- How to incorporate data into your organization's story
- How to use CPS data to communicate results in visually impactful ways
- How to make programmatic improvements using data

Recommended for: Individuals and organizations who attended CPS 101/201 and want to dive deeper into how to use CPS data. This training is great for development staff.

[\[Register Here Link 11/11\]](#) [\[Register Here Link 3/17\]](#) [\[Register Here Link 6/16\]](#)

Understanding Children within their Systems-Trauma-informed Care

Facilitator: Caitlin Arce, MA, LPC, Denver Children's Home

Date: November 14, 2016, 9:00-11:00 a.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: This workshop will help participants to greater understand the contexts of youth's lives and how their day to day interactions with their "ecosystems" impact them. Ecological Systems Theory is a way of understanding the way an individual interacts with and is affect by their local community and wider society.

3 Takeaways:

- An introduction to Ecological Systems Theory
- An overview of how trauma on any level of the ecosystem can influence the child
- Increased understanding as to the many systems, including family, school, and community

Recommended for: Anyone working in the youth development field

[\[Register Here Link 11/14\]](#)



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2016-2017 Professional Development Series

DQUAC Managers Learning Community

Facilitator: Heather Intres, Denver Public Schools

Date: December 5, 2016 9:00-11:00 a.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: Join out-of-school time managers from across Denver to engage in robust discussions and facilitated activities exploring best practices in the field. From most effective 'take it back' strategies to staff retention, from how you best prioritize your diverse workload to how you integrate organizational culture at your sites in a meaningful way, we will come together to learn from each other and have conversations about leading in out-of-school time.

3 Takeaways:

- Connections to your peers in the out-of-school time community
- Ideas for implementing best practices in your work
- Increased knowledge about strategies and protocols around staffing, culture, taking it back and prioritizing your workload

Recommended for: Managers of staff at any level and managers of multiple out-of-school time sites

[\[Register Here Link 12/5\]](#)

Personalized Learning for Partners

Facilitator: Carol Schneider, Denver Public Schools

Dates: December 12, 2016, 9:30 – 11:30 a.m., and March 3, 2017, 9:30am-12:00 p.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: Join the DPS Department of Extended Learning for a unique workshop that explores the concept of Personalized Learning. DPS believes that effective personalized learning will create life-long learners that graduate prepared for success in college and career.

3 Takeaways:

- How DPS is utilizing Personalized Learning
- Activities to increase your understanding of yourself and your staff members as learners
- Ideas for what makes sense for your programming

Recommended for: Individuals and organizations who are interested in learning more about personalized learning or are new to the concept of personalized learning.

[\[Register Here Link 12/12\]](#) [\[Register Here Link 3/3\]](#)



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2016-2017 Professional Development Series

Leading from the Heart of Artistry

Facilitator: Capucine Chapman, Denver Public Schools

Date: January 23, 2017 12:30-2:30 p.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: Providing a service to an individual's growth and development involves leading from within your own wisdom and is expressed through your unique artistry. This session will provide practical tips to lead and listen from the heart in order to deepen collaborative relationships that are in service to kids.

3 Takeaways:

- Tools to integrate into Leadership Artistry
- Clear(er) idea of personal Leadership Artistry
- Experiential activities and discussion to take back to your organization

Recommended for: Reflective leaders at any level

[\[Register Here Link 1/23\]](#)

Keys to a Successful Summer 2.0

Facilitator: DQUAC Leadership Team

Date: February 2, 2017, 9:30 a.m. – 12:00 p.m.

Location: Lowry Conference Center, Room 100A-C, 1061 Akron Way, Denver, CO 80230

Description: We all know how important it is to plan summer all year long! Keep summer programming at the forefront of your mind with this fun and useful workshop. Attendees will walk away with tangible tools and goals for their summer program as well as have the opportunity to meet program partners and providers.

3 Takeaways:

1. Goals and ideas for summer programming (KEYS to a Successful Summer)
2. Engage with others in the field to brainstorm ways to counter-act the typical challenges of summer programming
3. Connections to partners, providers and others in the field

Recommended for: Content-specific providers, comprehensive site managers, site staff and anyone in the youth development field looking to be more connected

[\[Register Here Link 2/2\]](#)



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2016-2017 Professional Development Series

Self-care for Youth Advocates (3 part series)

Facilitator: Amy Brady, StandUP

Date: February 7, 2017, February 21, 2017 and March 7, 2017 9:00-11:00 a.m. all sessions

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: *Session 1: What is self-care and why is it important? Includes self-care assessment, why it's important in your youth-serving role and the result of ignoring self-care. Session 2: Setting Boundaries: the KEY to Sustainable Service. Includes defining boundaries, determining how you know when your boundaries have been crossed and what gets in your way of setting boundaries. Session 3: Strategies for SLOWING DOWN in a BUSY world. Includes taking control of time and pausing with purpose. (maximum 30 participants)*

3 Takeaways:

- A self-care assessment
- Increased knowledge about setting boundaries
- Strategies for taking care of yourself

Recommended for: Anyone working in the youth development field

[\[Register Here Link for the series\]](#)

Personal Success Factors

Facilitator: Kim Price, Denver Public Schools

Date: March 14, 2017 11:30 a.m.-1:30 p.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: *As we continue our efforts to support the development of the whole child in connection to the Denver 2020 Plan, our DPS schools are working together to connect social emotional learning and curriculum through a program called the Personal Success Factors (PSF). During this workshop, learners will discuss what it takes to succeed in life and academics.*

3 Takeaways:

- Increased understanding of DPS Whole Child Supports Programs
- Ideas about how you can build on the work you are currently doing to support the whole child
- Reflection on your own personal success factors and goal setting in order to grow your own strengths

Recommended for: Anyone working in the youth development field

[\[Register Here Link 3/14\]](#)



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2016-2017 Professional Development Series

Quality 101

Facilitator: John Lewis, Denver Public Schools

Dates: March 24, 2017, June 1, 2017, 10:00 a.m. -12:00 p.m. all sessions

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: A Denver Afterschool Alliance workshop designed to be an introduction to quality in afterschool programs and to explore ways that your site and/or organization can engage in deeper continuous quality improvement work.

3 Takeaways:

- Learn the history of Denver's quality work and the current Denver landscape
- Engage with the Denver Afterschool Alliance's Pillars of Quality and discover how they connect to your program(s)
- Explore a variety of quality measures that may be useful to your organization

Recommended for: Site leads, managers and organization representatives interested in connecting to the Denver Afterschool Alliance and understanding the quality work in which it is engaged

[\[Register Here Link All Dates\]](#)

Autism 201

Facilitator: Myrrena Schwegmann

Date: April 4, 2017 9:00-11:00 a.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: This training will dive deeper into autism awareness and bully prevention. The experts note that the key to understanding Autism Spectrum Disorder (ASD) is to recognize that it profoundly alters how these kids perceive our world. The key to successful outcomes and an inspiring learning environment is how WE communicate with students. Myrrena will talk about how to understand characteristics of students with Autism and signs of bullying in the classroom.

3 Takeaways:

- How to communicate with an autistic child effectively,
- How and why it is important to be empathetic to an autistic child,
- Strategies in creating an affective learning environment.

Recommended for: Anyone who wants to work effectively with a child who has an ASD and learn different techniques to use in the classroom.

[\[Register Here Link 4/4\]](#)



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2016-2017 Professional Development Series

EQuip!: Emotional Intelligence, Mindfulness, and Youth Engagement

Facilitator: Jeni Rulon, intheZING

Date: April 11, 2017 9:00-11:00 a.m.

Location: Boys & Girls Club, JC Owen Board Room: 2017 W. 9th Ave Denver, CO 80204

Description: Every decision we make, every choice to act or not act is determined by our feelings in one way or another. Emotional Intelligence is your ability to recognize and understand emotions in yourself and others, and your ability to use this awareness to manage your behavior and relationships. EQ is the measurement of one's Emotional Intelligence. Data concludes that people with high EQs are more likely to succeed and "young people with high EQs earn higher grades, stay in school, and make healthier choices." This workshop will help EQuip you and your students for success.

3 Takeaways:

- Learn the 5 competencies of Emotional Intelligence
- Use mindfulness to remain in control during emotionally charged situations
- Activities to engage youth and help them raise their EQ

Recommended for: Individuals who are interested in learning more about EQ and mindfulness, and would like to learn about different techniques to use in the classroom.

[\[Register Here Link 4/11\]](#)

Intentionally Including Arts in Programming

Facilitator: Andrea Rabold, Mirror Image Arts

Date: April 20, 2017 9:00-11:00 a.m.

Location: Denver Public Schools Acoma Campus: 1617 South Acoma Street, Room 113

Description: The arts have a unique way of assisting the human experience. This experiential workshop is an introduction to the various ways arts can be utilized as a tool for building trust, processing information, idea generation, reflection and community building.

3 Takeaways:

- Various ways the arts can be utilized to support and elevate programming
- Theatre activities for community building
- Resources to reference when building curriculum

Recommended for: Content-specific (enrichment) providers and anyone in the youth development field with an interest in arts integration

[\[Register Here Link 4/20\]](#)



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